

# My Fundraising Target

**£2,500**

to support research into new treatments

**£500**

could give one year of counselling, providing support for children and families and giving children the tools to cope with the diagnosis and possible death of a parent or loved one

**£50**

could buy a massage gun, which helps to relieve pain and muscular aches, reducing the need for prescribed drugs

**£10**

would provide a patient with an arts therapy pack, which which help to relieve boredom, improve mood and reduce anxiety for patients

**£3**

could buy a 360 degree toothbrush for a patient, which are a small but gentle and effective way for very sick patients to manage their mouth care

Thank you to everyone who supports us and makes our work possible. To find out how we can help or to make a donation, visit [clatterbridgecc.nhs.uk](http://clatterbridgecc.nhs.uk)

Mark your money as  
you fundraise

In aid of



**Clatterbridge**  
Cancer Charity

\*Clatterbridge Cancer Charity is a registered charity in England and Wales, No. 1202412 and a company limited by guarantee, No. 14732055.

Clatterbridge Cancer Charity is not responsible for the organisation of this event or for the collection of the money

