



Clatterbridge
Cancer Charity



2023 - 2024
Events Guide



Clatterbridge
Cancer Charity



Welcome to the team!

Thank you for joining Team Clatterbridge. Together we will transform cancer care in our region for generations to come

By choosing to fundraise for Clatterbridge Cancer Charity you're becoming part of something amazing! It's thanks to our supporters that we can achieve so much for local people with cancer, which may not be possible through NHS funding alone.

Did you know The Clatterbridge Cancer Centre is one of the largest networked cancer centres in the UK?

Clatterbridge Cancer Charity is the only charity dedicated to supporting The Clatterbridge Cancer Centre. We fund life-saving research, invest in leading technology, enhance the patient environment and enable innovations in care that make a real difference to the lives of local people affected by cancer.

Despite the challenges we have faced, we were able to open Liverpool's first cancer hospital in June 2020. With 110 in-patient beds and nine floors of world class facilities to help our patients.

1 in 2 people will develop cancer over their lifetime & in Merseyside & Cheshire, the danger is far greater than anywhere else in the UK.

We want to offer the best facilities we possibly can, that people in our area need and deserve and with your support we can help change cancer care for generations.

The money we raise allows us to fund life-saving research, invest in leading technology, shaping cancer care for generations to come. It also allows us to enhance the patient environment and enable innovations in care for every patient every day.

Together we can make a real difference to the lives of those who need us.

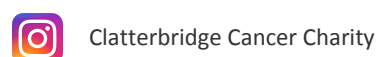
Don't forget, we are here to help every step of the way. If you have any questions, just get in touch.

We wish you the very best of luck!

Clatterbridge Cancer Charity Team

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Connect with us!





Ready, Set, GLOW!

After its phenomenal return in 2023, our incredible Glow Green: Night Walk will be returning on 2nd February 2024.

Join Team Clatterbridge, and complete our glittering 8km walk around Liverpool. Together we'll light up the night to mark World Cancer Day!

Registration will open soon, but if you'd like to be the first to know about next year's night walk get in touch with the Charity Events Team [here](#).



GLOW GREEN NIGHT WALK

Events Calendar

Whether you're a runner, a cyclist or a thrill-seeker we can help you find the perfect fundraising event!

Liverpool South 10K

Central Lancashire New Year
Half Marathon

Winter Run to the Castle

Tatton Park 5K & 10K

January



Glow Green: Night Walk*

Standish Hall Trail Race

24 Peaks Challenge

Run Aintree 5K, 10K &
Half Marathon

February



Chester 10K

Liverpool Half Marathon

Lapland Husky Trail

Skydive Sunday*

March



Mersey Tunnel 10K

Vietnam to Cambodia Cycle

Born Survivor Cheshire

Manchester Marathon

April



Chester Half Marathon

Three Peaks Challenge

Bristol to Amsterdam
Cycle

Bog Commander Mud
Run & Obstacle Course

May



Glow Green: Snowdon Sunrise*

The Clatterbridge Abseil*

Wirral Coastal Walk

Skydive Sunday*

June



For our full Events Calendar, please visit
clatterbridgecc.org.uk/events

Events Calendar

Whether you're a runner, a cyclist or a thrill-seeker we can help you find the perfect fundraising event!

Asics London 10K

Blackpool Music Run 5K

Yorkshire Three Peaks

Jurassic Coast Trek



July

Chase the Sun - Tatton Park

Ben Nevis at Night Trek

Inflatable 5K Cheshire

The Crossing, Cumbria



August

Liverpool Women's 10K

Dragon Boat Race*

Skydive Sunday*

Hadrian's Wall Trek



September

Tough Mudder North West

Chester Marathon

Oulton Park Duathlon

Dalai Lama Trek



October

Everest Base Camp Trek

Tatton Park Half Marathon

Anglesey Trail 10K

Trek Costa Rica



November

Liverpool Santa Dash

Heaton Park 5K & 10K

Bigxmas Trail Race

Kilimanjaro New Year Trek



December

For our full Events Calendar, please visit clatterbridgecc.org.uk/events



Making a difference to local people with cancer

We are the only charity dedicated to supporting patients, research and staff at The Clatterbridge Cancer Centre.

Thanks to the millions of pounds donated since 1996, our charity is achieving so much for local people with cancer, which may not have been possible through NHS funding alone.

2020 saw the Charity's most significant achievement yet, with the opening of Liverpool's first cancer hospital, Clatterbridge Cancer Centre - Liverpool, a facility that would look very different without the support of your donations.

With 1 in 2 of us now affected by cancer, there's never been a more important time to join us as we support the future of cancer care and make a real difference to local people affected by cancer.

There are over 100,000 people living with cancer in Merseyside & Cheshire. The Clatterbridge Cancer Centre, provides specialist cancer treatment for many of these people, through its unique network of care across the region.

Clatterbridge gives hope to patients and their families every day, but as the NHS emerges from the most testing time in its history, the need for the Charity in helping to give the best care to more and more people increases each year.

We need to be ready for the future of cancer care and together, we will help The Clatterbridge Cancer Centre to do incredible things. From small moments of wonderful care to big leaps in innovation, it's your support that changes and even saves lives.

With your help, Clatterbridge Cancer Charity is ...

Enabling innovations in care ... for every patient, every day

Caring for people in a way that goes beyond what the NHS can provide, supporting our frontline colleagues and those behind the scenes to provide the best possible treatment and care.

Enhancing the patient environment ... supporting recovery and wellbeing

Helping to ensure our patients are cared for in the best possible environment, creating peaceful indoor and outdoor spaces and funding therapeutic work to encourage emotional wellbeing, through the arts.



Investing in leading technology ... driving better outcomes for people with cancer

Supporting clinical colleagues to develop the latest advances in cancer treatment and how technology can transform how we care for the people who need us, while helping to fund the digital environment that makes such a difference to our patients.

Funding life-saving research ... shaping cancer care for generations to come

Enabling our clinicians to look at new ways to treat and prevent cancer, support clinical trials and helping to give patients at The Clatterbridge Cancer Centre access to the latest breakthrough cancer therapies.

The Charity has funded a range of projects to help make this happen, such as bringing in new ways of treating cancer, bringing cancer treatment closer to patients' homes and breaking boundaries by becoming the first in the UK to offer a number of treatments.

We constantly need to fund new ways to provide these things for our patients. With your help, we can keep Clatterbridge as a place that stays in people's hearts.

We are so grateful to the thousands of dedicated fundraising volunteers, supporters and donors, without whom the projects funded by the charity would not be possible. The Clatterbridge Cancer Charity has been proud to be part of a number of achievements and firsts at Clatterbridge, including:

EDGE

The Clatterbridge Cancer Centre was the first hospital in the UK to install a groundbreaking radiotherapy treatment machine in 2015, allowing specialists to break boundaries in the fight against cancer.

Papillon Treatment Facility

We are the first hospital in the UK to pioneer this ground breaking treatment for colorectal cancer and this was all funded by charity supporters.

Chemotherapy Closer to Home

Clatterbridge leads the way in how we deliver chemotherapy, using transport funded by the charity to deliver medicine to our network of clinics, bringing cancer treatment closer to patients homes.

Headstrong Room

The busiest service of it's kind in the UK, it's thanks to charity donations that we have a dedicated space for patients dealing with hair loss.

Gold Seed Markers

Innovative treatment for prostate cancer patients, developed right here at Clatterbridge and funded by your support.

Biobank

A system that could allow researchers at Clatterbridge to answer some of cancer's biggest questions, right here in your local cancer hospital.



Let's challenge cancer together!

The Clatterbridge Abseil will be back in 2024, and we want you to join us!

There's never been a better time to join Team Clatterbridge. Your Charity Team will be there from day one to help you with everything from getting involved in the event to fundraising and more.

This is a fantastic way to get your team together and experience some of the breath-taking views Liverpool has to offer. Help us challenge cancer across the region and visit clatterbridgecc.org.uk to sign up today!



Laura's Story

"Right now, we're trying to get out and do nice things to make memories together, but I need to take each day as it comes."

Laura Mahon was diagnosed with a glioblastoma multiforme (GBM) when she was just 20 weeks pregnant in September 2021. As Laura became increasingly unwell, she and partner Danny decided to bring their daughter, Sienna into the world at 30 weeks.

"My husband, Danny, and I were so excited about the prospect of having our first child together. One morning in September 2021, when I was 20 weeks pregnant, I woke up and realised that my toes on my right foot weren't moving. I didn't think too much about it, after all I was pregnant and was feeling tired. But things got worse the next day and I could no longer move my right leg and was struggling to walk.

At 24 weeks pregnant, I went to see my GP, who thought the baby was lying on a nerve and causing the problems. It came back clear, but I was sent for another MRI scan on my brain to make sure everything was OK. Following this, I was pulled into a room with my mum and was told the devastating news that I had a brain tumour."

Just days after Sienna was born, an MRI revealed Laura's tumour had nearly doubled in size and she was told that it was now inoperable. Following Laura's diagnosis, she and Danny married in January, registered Sienna's birth and had her christened. The following week, Laura started a six-week course of chemotherapy and radiotherapy.

"Sienna was taken to the neonatal ward where she was placed in an incubator. She developed pneumothorax (a collapsed lung) and needed a higher care unit so she was transferred to Oldham Hospital on just day 2 of her life. Danny and I left Warrington and followed her there. All the staff we've encountered at each hospital have been amazing and so supportive. I cannot thank them enough for looking after our baby and us."

In January 2023, after a routine scan Laura was told her tumour had spread to the other half of her brain. She was put on the chemotherapy drug Lomustine and after 2 cycles Laura had a seizure. An emergency scan revealed that this chemotherapy drug wasn't working. Shortly after Laura was admitted to hospital for 10 days with original tumour symptoms and sickness. New scans showed swelling on her brain and she had also contracted Covid.

"At this point I've completed 12 months of chemotherapy, this is for 10 days every month and I will be on this for the foreseeable future. I will continue to be scanned every 3 months. Our latest Scan in August 2023 has shown that the brain tumour is currently stable and has even shrunk a little.

Thanks to the care she is receiving at Clatterbridge, she will be able to spend Christmas with her loving husband Daniel and their daughter Sienna and it's thanks to your generous donations that we can continue to support families like Laura's, allowing them to cherish more precious moments with their loved ones.

Read more of our patient stories by visiting clatterbridgecc.org.uk/patient-stories

Boost your fundraising

Helpful hints and terrific tips to help you maximise your fundraising!

Share your story

Is there a special reason you're taking part? If so, why not share your story on social media, your fundraising page or our website. Your passion and your story will be a huge inspiration to so many others, and you could help save even more lives.

Set up your fundraising page

Speaking of fundraising pages, don't forget to set up your own fundraising page by visiting [justgiving.com/campaign/cc-c-events](https://www.justgiving.com/campaign/cc-c-events) to set up an online donation page. It's simple and easy to set up, and you can personalise it with photos, videos and your story.

Gift Aid it*

Want to know how to boost your donations, without it costing you anything?

By adding Gift Aid to your donations, you could help the Charity receive an extra £1.25 for every pound donated! Take a look at your Sponsorship Forms for more detail.

Match Funding

Take your fundraising to a whole new level!

Lots of companies and businesses offer a match funding scheme for their employees, so get the workforce behind you and ask if your employer offers a match funding scheme too.

It could give your fundraising a huge boost, and you'll be helping to support more cancer patients throughout Merseyside, Cheshire and the Isle of Man.

Use your sponsor forms

Don't forget to ask your friends, family and colleagues to sponsor you for your event. Remember, if the first name on your sponsor form is generous, then they'll set the trend! Why not ask on Pay Day when they're feeling a little flush!

Still stuck for ideas? Check out some of the fantastic ideas from JustGiving in your [Fundraising Guide!](#)

Look the part

Who says costumes are just for Halloween? If you want to really stand out from the crowd wear your favourite costume and your supporters will soon be helping you reach your fundraising target, as well as cheering you on at the finish line!

Want to make your family and friends, even more green with envy? Take a look at our [shop](#) for some fantastic accessories to make your outfit pop!



* Please note that if we, the Charity, have paid for your place in an event (e.g. Skydive Sunday) donations made by you, your spouse/partner, your relatives and their spouses/partners are ineligible for Gift Aid.

YOUR FUNDRAISING ESSENTIALS

Whatever you're doing to raise money for Clatterbridge Cancer Charity, these are the essential items every fundraiser needs to be a superstar supporter!

CHARITY T-SHIRTS

Show your support by wearing one of our Classic Cotton T-Shirts. If you're taking part in any kind of event and would like to raise money for Clatterbridge Cancer Charity get in touch!*

COLLECTION TUBS

Having a coffee morning, or run your own business? Our Collection Tubbs are great for collecting small change, and make a big difference!

COLLECTION BUCKETS

Perfect for those big fundraising events, our Collection Buckets are a great way of collecting even more donations!

SUNGLASSES

Get ready and stay looking cool with your own pair of Green Sunglasses! Perfect for taking on your next event!

PIN BADGES

Wear your Clatterbridge pin badge with pride, and show your support to your friends, family and colleagues.

WIGS

That's right - we even sell green wigs to wear at your next event. Stock is limited so head over to our [shop](#) to get your hands on one!

We also have some fantastic resources that you can download and print from home, including bunting, paper chains and more.

If you would like any of these resources, just give our team a call on 0151 556 5566 and we can email them to you directly.

Alternatively visit clatterbridgecc.org.uk where you can download and print from home.

*Please note that you are limited to 3 free classic cotton t-shirts per team. If you require more than this, you will need to purchase them from our online shop





Get a place on the plane!

Our favourite adrenaline challenge is back - and we can't wait to welcome you to the Black Knights Parachute Centre in 2024!

If Skydiving has been sitting on your bucket list for a while, now's your chance to take the plunge.

Visit clatterbridgecc.nhs.uk/charity/events to sign up today!



Clatterbridge
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Adrian's Story

"I had so much left to give, and to be told I had incurable cancer was shattering. I was staring death in the face. Clatterbridge saved my life"



In June 2022, Adrian had treatment for head and neck cancer, with a tumour on his tonsil. But a later scan showed that the cancer had spread to one of his lungs and was growing rapidly. It was inoperable and doctors told him it was terminal.

"It was devastating. I'd been given the all clear on my first diagnosis, but this time I was told that without treatment, there was a "100% chance you're going to die" and it hit me like a ton of bricks. I went into survival mode and it suddenly wasn't about me anymore, it was about what my family were going to do without me.

At that point I was told there was a clinical trial at The Clatterbridge Cancer Centre that I might be eligible for. It was immunotherapy, with a cancer vaccine. Led by Professor Christian Ottensmeier, it's the first trial of its kind in the UK and it had been made possible with the support of donations to Clatterbridge Cancer Charity. This clinical trial was the last chance saloon from my point of view. I was staring death in the face, so I took that chance and I'm glad I did. It's saving my life."

Adrian has been receiving injections of the cancer vaccine, which works by stimulating his own immune system to fight the disease. The vaccine is given alongside pembrolizumab, a more standard form of immunotherapy. This ground-breaking new treatment could change the way we fight cancer forever. And for Adrian, it's given him hope for the future and a chance to keep on living life to the fullest.

"The future is really positive for me now. I was proud to walk one of my daughters down the aisle late last year and I've attended two of my daughters' graduations recently. A year ago, I didn't think I'd be around long enough to do any of this."

After taking part in Clatterbridge's clinical research trial – a UK first – the cancer in his lung has almost been eradicated.

"It is amazing. Everyone is stunned at how much progress has been achieved – especially me. The initial hope was for the cancer to not grow or spread elsewhere, and I would be able to live with it long term. To see it steadily shrink to virtually nothing is absolutely fantastic.

I would strongly recommend anyone to explore the opportunity to join a trial. Even if the treatment doesn't produce the desired results, you are helping other people who come after you as this research is pushing the boundaries of what we know about cancer. The hospital will look after you so well. I cannot thank the team at Clatterbridge enough. It's a first-class facility with first-class people. I actually enjoy coming here. I feel proud and privileged to be taking part in research which could change cancer treatment for ever."

Read more of our patient stories by visiting clatterbridgecc.org.uk/patient-stories



Volunteer for Clatterbridge

Could you donate your time to help Clatterbridge Cancer Charity?

There are so many ways you can get involved with us, and by joining Team Clatterbridge you'll learn new skills, make new friends and you'll be helping us support local people living with cancer.

From sporting challenges, gala balls, tea parties or golf days - no two days are the same and we want you to be a part of our future. Whether you're looking to gain experience in the charity sector, or you simply want to give back to Clatterbridge Cancer Charity there is an opportunity for everyone.

We want you to feel part of Team Clatterbridge, and even donating an hour of your time could help to make a big difference to local cancer patients.

If you would like further information on how to start volunteering please contact our Volunteer Coordinator Nikki by emailing nikki.best@nhs.net, or alternatively visit clatterbridgecc.nhs.uk/volunteer to see what opportunities are available.

Come and join the fun, and let's challenge cancer together!



Get ready to challenge cancer!

Join us for a mountain challenge with a difference ... as we take our Glow Green Night Walk to Snowdon!

Our team of experts will guide you up the mountain from, lighting a path to the top, in time to take in the early morning sunrise.

On every step on this stunning nine-mile challenge, you'll see the famous Yr Wyddfa in a whole new light, before you experience that special time of day together as a team.

Visit clatterbridgecc.org.uk to sign up today!



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Cancer Charity

If you'd like to continue to support Clatterbridge Cancer Charity after your fundraising activity has finished, we'd love to have you with us.

From supporting our events, volunteering in our offices or helping us raise awareness out in the community there are great opportunities to have fun and make a difference.

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