



Clatterbridge
Cancer Charity

Events Guide



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Welcome to the team!

By choosing to support our charity, you will help to fund vital research and innovations, the latest equipment and life-changing care and support for people with cancer.

Thank you for choosing to fundraise for Clatterbridge Cancer Charity. You have joined thousands of other supporters who are doing their bit to help those who need us the most in our region.

Clatterbridge Cancer Charity is the only dedicated charity supporting patients and research at The Clatterbridge Cancer Centre. As one of the UK's leading cancer centres, it provides highly specialist cancer care to a population of 2.4m across Merseyside, Cheshire and beyond.

With three specialist cancer centres in Liverpool City Centre, Wirral and Aintree, Clatterbridge also has chemotherapy clinics in hospitals across the region and a pioneering Treatment at home service.

Don't forget that we're here to help you every step of the way, so if you have any questions about your fundraising please get in touch.

We wish you the very best of luck!

@Clatterbridge Cancer Charity is a registered charity in England and Wales, No. 1202412 and a company limited by guarantee, No. 14732055.

Connect with us on social media



@clatterbridgeCC



@clatterbridgeCC



@clatterbridgecc



Clatterbridge Cancer Charity



Book your place on the plane!

Our favourite adrenaline challenge is back on June 22nd 2025 - and we can't wait to welcome you to the Black Knights Parachute Centre!

Skydiving on your bucket list?

Take a look at clatterbridgecharity.org to sign up today and together we'll soar to new heights!



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Visit clatterbridgecharity.org
to find out more!



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MARCH

- 08 | Chester 10K
- 15 | Liverpool Half and 10 Mile
- 29 | Skydive Sunday

APRIL

- 12 | Mersey Tunnel 10K
- 12 | London Landmarks Half Marathon
- 19 | Manchester Marathon
- 26 | London Marathon

MAY

- 10 | Hale-to-Hale Giant Walk
- 10 | Run Aintree - 5k, 10k and Half
- 16 | Born Survivor - Chester
- 17 | Chester Half Marathon
- 31 | Great Manchester Run
- 31 | Wirral Running Festival

JUNE

- 04 | Mount Toubkal Trek
- 06 | Lake District Ultra
- 07 | Port Sunlight 5K/10K
- 07 | The Clatterbridge Abseil
- 12 | Great North Swim



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JULY

- 11 | Anfield Abseil
- 12 | Run Aintree - 5K, 10K and Half
- 22 | London to Paris Bike Ride

SEPTEMBER

- 06 | Women's 5K/10K
- 12 | Born Survivor - Lancashire
- 16 | London to Amsterdam Bike Ride
- 20 | Skydive Sunday
- 20 | Warrington Running Festival - 10K and Half
- 27 | Run Aintree - 5K, 10K and Half

OCTOBER

- 04 | Manchester Half Marathon
- 11 | Wirral 10K
- 11 | Chester Marathon

DECEMBER

- 06 | Liverpool Santa Dash
- 13 | Run Aintree





Your support helps Clatterbridge to be at the forefront of cancer care

Donations to Clatterbridge Cancer Charity have funded a range of projects to help make this happen, such as bringing in new ways of treating cancer, bringing cancer care closer to patients' homes and breaking boundaries by becoming the first in the UK to offer certain clinical trials. We constantly need to fund new ways to provide these things for our patients. With your help, we can keep Clatterbridge as a place that stays in people's hearts.

We are so grateful to the thousands of dedicated fundraising volunteers, supporters and donors. It's thanks to you that the Charity can support The Clatterbridge Cancer Centre so it can continue to make such a significant difference to the lives of its patients and their loved ones.

Our £5m Research Boost

Each year, around 7,000 people die from cancer in the region and this number is growing so the Charity has pledged £5m over five years to take the ground-breaking research work at Clatterbridge to the next level. This will give patients at the centre unparalleled access to new, life-saving treatments.

Improving Survival Rates

Research into pancreatic cancer survival is more vital than ever, so thanks to your donations, doctors are running a scientific trial with Clatterbridge patients to better understand treatments and how to stop the spread of the disease.



Improving Fitness In People With Cancer

Doctors at Clatterbridge are working with patients to give one-on-one fitness coaching to help reduce fatigue, boost mental health and improve quality of life; a move that they feel could revolutionise cancer treatment.

The Healing Power Of Art

The Charity offers a range of creative activities, artwork and performances, including a partnership with the Liverpool Philharmonic to help reduce stress, provide distractions and help support people during their time at Clatterbridge.

Using AI To Improve Cancer Treatment

Thanks to £45,000 of your donations, we are supporting vital work undertaken by Dr. Syndikus to improve prostate cancer treatment using artificial intelligence. This research will help doctors nationwide to target the cancer more precisely, therefore reducing the chances of the cancer spreading.

Providing Vital Counselling Support

Each year 13,000 new patients are referred to Clatterbridge, and just as each cancer is unique, so is each individual's experience of treatment. You are helping to fund a third counsellor to provide support for patients who may be struggling to cope during treatment.

Taking The Stress Out Of Blood Tests

Thanks to donations, the Charity has been able to transform how blood samples are taken from patients with 'tricky blood vessels'. These vein viewer devices mean people can have their bloods taken much closer to home.



Santa Dash

The 2025 Santa Dash is the ultimate Christmas event that brings people together and gets everyone in the holiday spirit!

Don your Santa suit, grab your running shoes, and join us this December for the festive, feel-good fun run and help us support even more people living with cancer.

Visit <https://clatterbridgecharity.org/events/santa-dash/> to enquire today

St Helens dad takes on abseil challenge to support local people with cancer!

Carlo Amadio took part in the Liverpool Cathedral Abseil to raise vital funds for Clatterbridge Cancer Charity. Carlo was diagnosed with prostate cancer in January 2023. His late dad had suffered from the disease, so he was aware of the importance of early diagnosis.

Carlo shared: "When I was diagnosed, I just felt empty. For a couple of weeks, I was just in my own little world but then I realised I had to make some changes and be positive.

I had so much support from my family and there is always support from Clatterbridge and the staff there. I want to give something back to Clatterbridge for the help they gave me."

During his treatment, Carlo had noticed posters around the hospital advertising the work of Clatterbridge Cancer Charity, including the summer abseil, but he wasn't quite ready at that point for a big challenge.

It is thanks to Carlo and all those who fundraise through our events that we are able to support the one in two people affected by cancer in our region.





Boost your fundraising

Helpful hints and terrific tips to help you maximise your fundraising!

Share your story

Is there a special reason you're taking part? If so, why not share your story on social media, your fundraising page or our website. Your passion and your story will be a huge inspiration to so many others, and you could help save even more lives.

Set up your fundraising page

Speaking of fundraising pages, don't forget to set up your own fundraising page by visiting [justgiving.com/campaign/ccc-events](https://www.justgiving.com/campaign/ccc-events) to set up an online donation page. It's simple and easy to set up, and you can personalise it with photos, videos and your story.

Match Funding

Take your fundraising to a whole new level!

Lots of companies and businesses offer a match funding scheme for their employees, so get the workforce behind you and ask if your employer offers a match funding scheme too.

It could give your fundraising a huge boost, and you'll be helping to support more cancer patients throughout Merseyside, Cheshire and the Isle of Man.

Boost your fundraising

Helpful hints and terrific tips to help you maximise your fundraising!

Gift Aid it*

Want to know how to boost your donations, without it costing you anything?

By adding Gift Aid to your donations, you could help the Charity receive an extra £1.25 for every pound donated! Take a look at your Sponsorship Forms for more detail.

Use your sponsor forms

Don't forget to ask your friends, family and colleagues to sponsor you for your event. Remember, if the first name on your sponsor form is generous, then they'll set the trend! Why not ask on Pay Day when they're feeling a little flush!



Look the part

Who says costumes are just for Halloween? If you want to really stand out from the crowd wear your favourite costume and your supporters will soon be helping you reach your fundraising target, as well as cheering you on at the finish line!



* Please note that if we, the Charity, have paid for your place in an event (e.g. Skydive Sunday) donations made by you, your spouse/partner, your relatives and their spouses/partners are ineligible for Gift Aid.

YOUR FUNDRAISING ESSENTIALS

Whatever you're doing to raise money for Clatterbridge Cancer Charity, these are the essential items every fundraiser needs to be a superstar supporter!

CHARITY T-SHIRTS

Show your support by wearing one of our Classic Cotton T-Shirts. Whatever you're doing to help fundraise for the Charity, if you would like to wear a Clatterbridge t-shirt please just get in touch.

COLLECTION TUBS

Having a coffee morning, or run your own business? Our Collection Tubbs are great for collecting small change, and make a big difference!

COLLECTION BUCKETS

Perfect for those big fundraising events, our Collection Buckets are a great way of collecting even more donations!

PIN BADGES

Wear your Clatterbridge pin badge with pride, and show your support to your friends, family and colleagues.

We also have some fantastic resources that you can download and print from home, including bunting, paper chains and more.

If you would like any of these resources, just give our team a call on 0151 556 5566 and we can email them to you directly.





GLOW GREEN NIGHT WALK



Ready, Set, Glow!

After it's phenomenal return in 2024, our incredible Glow Green: Night Walk will be returning on Friday 7 February 2025.

Join Team Clatterbridge, and complete the luminous 8km walk around Liverpool. Together we'll light up the night to mark World Cancer Day!

Registration will open soon, but if you'd like to be the first to know about next year's night walk get in touch with the Charity Events Team [here](#).

Elaine's Story

"My name is Elaine and I was diagnosed with Primary Tonsil Cancer in April 2023."

"I remember feeling scared and in shock after hearing the news.

You never think it will happen to you. Even knowing that one in two people will be affected by cancer, it still doesn't seem real until it happens to you.

I received Radiotherapy and Chemotherapy treatment at The Clatterbridge Cancer Centre in Liverpool. One day, a young girl came into my room and played the flute. It was an amazing and emotional experience. I was having a tough day, but her music gave me the boost I needed. These small moments of hearing musicians play helped take my mind off cancer and the treatment. I was pleased to learn that these musicians are funded by Clatterbridge Cancer Charity through their partnership with the Royal Philharmonic Hall. It really makes a difference.

The staff at Clatterbridge were absolutely amazing. Everyone in radiotherapy took great care of me, and I felt completely supported.

I wanted to give something back, so I signed up to the Glow Green Night Walk with my friends. The year before, my friends did the walk on my behalf, and they all wore photos of me on their backs, which was lovely. This year, it was wonderful to join them!

Read more at clatterbridgecharity.org/





The Clatterbridge Abseil

Take on the challenge of descending 150ft down Clatterbridge Cancer Centre Liverpool on Sunday 14th September and raise vital funds for those affected by cancer.

Whether you're a thrill seeker looking for a new challenge or wanting to conquer new heights, this is your chance to make a difference.

Sign up today!
clatterbridgecharity.org/events/the-clatterbridge-abseil/



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WEEKLY LOTTERY

Every week you have the chance to win up to £1,000 in our weekly lottery. Play from just £1 per week!

In 2024, we paid out £62,400 in cash prizes to 416 lucky winners across Merseyside & Cheshire!



Scan the code or visit
clatterbridgecc.charitylotteries.co.uk
to find out more and play today.



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If you'd like to continue to support Clatterbridge Cancer Charity after your fundraising activity has finished, we'd love to have you with us.

From supporting our events, volunteering in our offices or helping us raise awareness out in the community there are great opportunities to have fun and make a difference.

0151 556 5566

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